

BRCA Positive Support Group: Hereditary Breast and Ovarian Cancer Syndrome Information and Resources

Do you have a family history of breast and/or ovarian cancer? Have you tested positive for a BRCA mutation? Are you considering genetic testing? You are not alone.

FORCE (Facing Our Risk Of Cancer Empowered) exists to improve the lives of individuals and families facing hereditary breast and ovarian cancer. Join Compass Oncology and local area FORCE representatives for a BRCA-positive support group discussion.

Topics include:

- Learn from others who are navigating the hereditary cancer path.
- Help someone else by sharing your story.
- Meet local area FORCE members.



Lydia Mills, LCSW, LICSW

Lydia has been with Compass Oncology for over four years, providing a supportive presence for patients and families through counseling, emotional support, and referrals to community resources. She has worked in medical social work for over 10 years, including adult and pediatric oncology and hospice care. Lydia earned her Masters of Social Work degree at Portland State University.

Stephanie Heisser,

FORCE Peer Support Group Leader

I first learned about FORCE at the Komen Breast Cancer Issues Conference back in 2011 and was so relieved to find a group that supported the BRCA-positive and high-risk community. My family has a long history of cancer but we never suspected a gene mutation until my cousin was tested. She started us on this journey of discovery and empowerment and I will be forever grateful. For me, learning my BRCA2 status provided the opportunity to take control of my health.



Monday, April 24
5:30 – 7:00 pm

Compass Oncology
Rose Quarter
265 N Broadway
Portland, OR

TO REGISTER:

The group meetings are **FREE** and open to the public. Light refreshments will be served. For more information please call or email Lydia Mills.

503.528.5212 lydia.mills@usoncology.com