



CT Scan Preparation Guide

****Please inform us immediately if you are allergic to Iodine Contrast****

Appointment Date: ____/____/____ **Check-In Time:** ____:____ am/pm

Drink Time: ____:____ am/ pm (1 ½ hours prior to your Check-in Time)

****You will only drink contrast if your scan includes your abdomen and or pelvis****

Dietary instructions: Eat light meals the day of your scan and **stop eating 2 hours prior** to the Check-In Time. Clear fluids are allowed up to your Check-In Time, or if you are drinking contrast, up to your Drink Time. You may take necessary medications. If you manage your diabetes by oral medication, please bring the name of your medication(s).

IV Contrast: In most cases, an IV contrast injection will be administered for your CT scan. The CT Tech will start an IV or access your port at the time of your appointment. If an identification card was provided with your port please have it with you.

Labs: In preparation for receiving IV contrast we will need your current kidney function. You may be required to have a lab draw if you have not had labs within 30 days of your scan date. If you have had a recent lab draw at a facility other than Compass please let us know.

What to Wear: You should wear clothing that does not contain metal, such as zippers or snaps.

Oral Contrast: You will only drink contrast if your scan includes your abdomen and or pelvis. If you did not receive your contrast please call a Compass site nearest you to arrange for a pick up. Follow instructions below on the day of your scan.

Please adhere carefully to the instructions below on the day of the scan:

- **Pour the entire bottle of Omnipaque 240 into the mixing container provided.**
- **Add water, non-pulpy juice, sports drinks, etc. (anything but milk or carbonated beverages) to the mixing container until it reaches the 900 ml mark.**
- **Shake container thoroughly (about 15 seconds).**
- **Start drinking 1 ½ hours prior to your check-in time.**
- **Drink entire bottle over a 45 min time period.**
- **It can be served over ice.**
- **If your scan includes your pelvis, urinate prior to drinking the contrast, and if possible, do not urinate again until after your scan.**

If you have any questions, concerns or if you will be late for your appointment, please call us as soon as possible

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