



# **FREE Reiki I Class**

*for*

**Compass Oncology**

**Patients and a Caregiver**

*Presented by: Northwest Reiki Association*

*Sponsored by: Compass Oncology*

Learn how to relax and de-stress  
while giving yourself Reiki.

**Reiki** is a simple, natural, safe method for stress reduction and relaxation that also promotes healing. In conjunction with other medical or therapeutic techniques, **Reiki** enhances outcomes, relieves side effects, and promotes recovery.

*Must be able to attend both classes*

*10:00 am to 1:00 pm at a SE Portland location*

- Saturday, May 13<sup>th</sup>
- Saturday, May 20<sup>th</sup>

For more information or to register, contact:

**Northwest Reiki Association**

503-928-6023

Email: [nwreikiassociation@gmail.com](mailto:nwreikiassociation@gmail.com)

*Space is limited so register today.*