

Young Adult Books

At The End of Words

By Miriam Stone. Candlewick, Cambridge, MA. 2003. A brutally frank tale from a high school senior as her mother declines and dies from metastatic breast cancer. Beautifully written poetry, prose and letters are structured into a seasonal and monthly chronicle of denial, loss, and healing. Gives insight into the impact of mom's illness and death, as well as hope, to older teens or their parents.

Loose Threads

By Lorie Ann Grover. Margaret K. McElderry Books, New York. 2002. An unusual household: great grandmother, grandmother, mother, and the author, who writes in free verse of her grandmother's diagnosis, treatment, decline, and death. Her seventh grade voice gives a window into her powerful emotions, alternating with normal middle school age life. Provides insight to parents and a sense of "I am not alone" to children.

Help for the Hard Times: Getting Through Loss

By Earl Hipp; Center City, Minnesota: Hazelden, 1995. A self-help book for teenagers that explains loss and offers help for getting through grief and hard times. Ages 12 and up.

Lost and Found: A Kid's Book for Living Through Loss

By Marc Gellman and Monsignor Thomas Hartman New York: Morrow Junior Books, 1999. The authors explain how loss, of all sorts, can be an opportunity for new wisdom. Ages 8 and up.

35 Ways to Help a Grieving Child

The Dougy Center, Item #546, Phone: 503-775-5683. A simple and practical guidebook that covers such topics as how to include children in decision making, what to expect from different ages of grieving children, and how to provide safe outlets for children to express emotion